

hen my daughter began school there were a few indications that she may not be reaching her full potential. In first grade, her teacher worked with Sofia to help her understand a math problem. They did it together, then she left Sofia to do the next problem. When she came back, Sofia hadn't done any of it. I knew my daughter was smart, but I didn't know *how* to help her in the way that she needed.

In second grade, Sofia struggled with reading, multi-step problems, and completing tasks. As a teacher myself, I knew we weren't getting to the core of the issue with tutoring. The school psychologist suggested trying medication for "attention." I would not even consider medication when we hadn't tried anything besides tutoring! That's when another teacher told me about Dr. Witkowski at Cognition Ignition.

From Sofia's first appointment with Beba she loved it. We cancelled her tutors and focused on getting her "mind in gear," and that's exactly what happened. Sofia began working with Beba in third grade once a week, and by the time she got to fourth grade, she was completing tasks, and her handwriting and spelling greatly improved, as did reading and math. In fact, her teacher commented that she had never seen a student improve so much in one school year.

By the time she took the Star tests in fourth and fifth grade, Sofia scored Advanced, as compared to Below Basic and Basic in previous years. Sofia continued to work with Beba for part of fifth grade, but as her workload in school became greater and our schedule became busier, she stopped. Beba always said that you don't regress with his work, so even though Sofia missed two months of appointments, upon returning, she had one of the best appointments ever!

By the time Sofia reached sixth grade, she was doing very well in school and even earned the Gold President's Award for Educational Excellence in language arts and math!

Now Sofia is in seventh grade, and she loves school and learning. I have a completely different child. She has become an independent learner. She's organized and "plugged in." Sofia has all As and one B, but most importantly, she's learning and enjoying school.

Sincerely, Janeen Sanchez

RESULTS WITHOUT MEDICATIONS



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