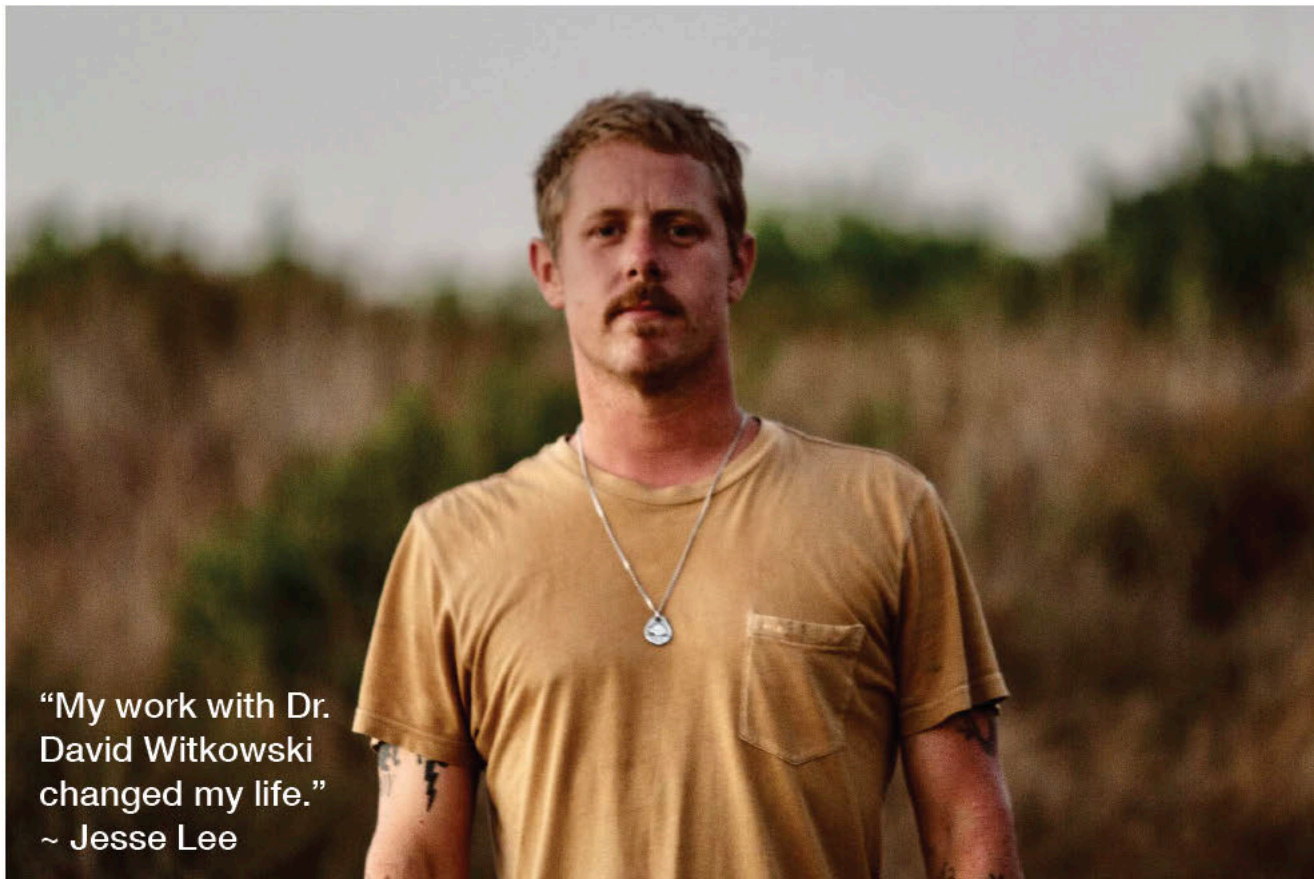


# Life-Changing Results Without Medications



My name is Jesse Lee. I am 41 years old and I worked with Dr. Witkowski (aka Dr. W) once a week for eleven months.

When I first met Dr. W, I was in a crisis. I was battling a horrible addiction to alcohol and drugs, dealing with severe bipolar 2 depression, unemployed, and going through a divorce. I felt like I had lost control of my life. I had tried everything — countless medications, rehab centers, in-patient and out-patient care, and years of therapy — nothing was working. I was suicidal for many years and Dr. W was my last hope.

I noticed a change in my behavior after a couple of sessions. Dr. W showed me that it was possible to rewire my brain, to undo all the trauma of my past and overcome the overwhelming guilt I had carried with me throughout my life as a young adult. During some of our sessions, I would get emotional, irritated even, and Dr. W would patiently remind me that “getting stuck is part of the medicine.” There were many times where I was brought to tears from seeing the results of our work together.

Today, I am in a loving and meaningful relationship, have a wonderful, creative career, healthy relationships with my family and friends, and have celebrated two years of sobriety, and it’s all thanks to Dr. W and the work we did together, for which I am eternally grateful. I can now think with a clear conscience, have moved on from my past, and focus every day on the present. I can honestly say that I don’t think I’d be alive if it weren’t for Dr. W and the work we accomplished together.

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