

# Now Treating COVID-19 Brain Fog Virtually

Since I was seven years old, brain injuries and trauma caused depression, anxiety, and other issues for me in my daily life. Though I managed to get by surrounding myself with brilliant people who could guide me, I knew my brain was getting worse. I found myself at 65, living alone and going in circles. My functionality was slowing down and I began noticing changes that scared me. I lost my depth perception and I fell. All of a sudden, I would get nervous walking down steps. I felt confused. I wanted to say things but I couldn't get out what I wanted to say, or I would forget what I was saying in the middle of a conversation. It was scary, and I became isolated. My self-esteem and self-worth suffered — I had no confidence.

Dale Bach



Doctors and psychiatrists were of little help. They performed tests and exams but none had any actual solutions. They all said the same thing: "Sorry, we can't *fix* brain damage." I knew my brain was broken but I didn't know what to do. Finally, I reached the point of giving up.

Then, I met Dr. David "Beba" Witkowski. When he heard my story about my brain injuries, he got excited and said, "I can fix your brain!" He started working with me right away.

After the first session, I actually felt the fog lift from my brain. I immediately began to experience a series of changes for the better in my life. I stopped burning everything I cooked. I could actually follow a recipe. With every session, I felt as if I were getting a piece of my brain back. The invisible barrier of difficulty and confusion that had held me back my entire life was now beginning to recede. The results were broad and could be felt in almost every area of my life. I am now able to stay present, and I can finish what I start. I can actually think. Now I know

what common sense is, and I finally have it. Even my immune system is stronger because I didn't have the constant stress of trying to function when I couldn't. And all of this has been achieved without medications.

Normal life for me had always been a challenge, but I never knew how hard my life had been until my brain became balanced. I am forever grateful to Dr. David for giving me this new, full life. - Dale Bach

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