

Where Minds Get In Gear

My name is Waverly Richards. I am 25 years old and I worked with Dr. David Witkowski for four months, mostly twice a week as I healed through his training.

I showed up with post-traumatic stress disorder, anxiety, and depression. Not only this, but I also struggled with education as a child. I struggled with reading comprehension, retaining information, and felt I was incapable of achieving success in school due to my challenges. Dr. David told me that if I struggled in school, I would most likely struggle in life. He was correct. However, what I didn't realize was that there is a solution to that problem. Dr. David is the solution!



I broke down in tears in front of Dr. David many, many times because I was overwhelmed with the fact that I finally found a doctor who genuinely cared about me. He was confident that his work would do the trick and he was right! In just less than one month, I started to see dramatic results. My family started to see a significant change in my behavior/confidence and things in my brain rapidly shifted. I felt things were truly snapping back into place, without any medication, and I couldn't believe the results.

Something very special to me about Dr. David is the fact that he told me that he had a boss that he worked for. I was very confused by this because I thought he owned his own business. But he pointed up to the heavens and said, "I work for God." I felt at the time that Dr. David was sent by God to help heal me through his training.

I am currently employed at a senior living community as an activities assistant and am also in the process of taking a course to train to be an activities director one day. I moved out of my parents' house and have my own apartment with a roommate too. Last year, I never would've never imagined being in the position that I am currently in.

I am so grateful for Dr. David, for my family that has supported me, and for God for repairing my brain through Dr. David's training.

I will never forget my work with Dr. David.

Sincerely,
Waverly Richards

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